



August 2018 - Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

EEC Breakfast

MENUS ARE SUBJECT TO CHANGE

		8-1 French Toast Trio V Fruit Cup Got Milk	8-2 Crunchy Cereal V Fruit- S Got Milk	8-3 Fiesta Bean & Cheese Burrito V Fruit- S Got Milk
8-6 French Toast Trio V Fruit- S Got Milk	8-7 Fiesta Bean & Cheese Burrito V Fruit Cup Got Milk	8-8 Egg, Cheese & Turkey Sausage Wrap Fruit - S Got Milk	8-9 Morning Beef Sausage Sandwich Fruit- S Got Milk	8-10 Café LA Coffee Cake - V Fruit- S Got Milk
8-13 Cinnamon Pancakes or French Toast Trio V Fruit- S Got Milk	8-14 Crunchy Cereal V Fruit - S Got Milk	8-15 Fiesta Bean & Cheese Burrito V Fruit - S Got Milk	8-16 Egg & Cheese Sandwich V Fruit- S Got Milk	8-17 Grape Crescent - V Fruit- S Got Milk
8-20 Crunchy Cereal V Fruit- S Got Milk	8-21 Egg & Cheese Wrap V Fruit- S Got Milk	8-22 Cinnamon Pancakes or French Toast Trio V Fruit - S Got Milk	8-23 Beef Chorizo & Cheese Wrap Fruit- S Got Milk	8-24 Café LA Coffee Cake - V Fruit- S Got Milk
8-27 Cinnamon Pancakes or French Toast Trio V Fruit- S Got Milk	8-28 Morning Beef Sausage Sandwich Fruit- S Got Milk	8-29 Fiesta Bean & Cheese Burrito V Fruit - S Got Milk	8-30 Egg & Cheese Sandwich V Fruit- S Got Milk	8-31 Bagel with Cream Cheese - V Fruit- S Got Milk

All of the Grain/Bread items served are whole grain.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

S: Items with an (S) can be saved for later **V:** Vegetarian items